

Week Commencing: 25/08/25, 15/09/25, 06/10/25, 27/10/25

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS £2.85		VEGETARIAN MAIN MEALS £2.85	
MONDAY Lemon & Herb Piri Piri Chicken with Spicy Rice		MONDAY Piri Piri Quorn, Macho Peas and Spicy Rice (VE)	
TUESDAY Mexican Style Beef Lasagne, Garden Salad & Homemade Garlic Bread		TUESDAY Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)	
WEDNESDAY Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy		WEDNESDAY Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)	
THURSDAY Chicken Tikka Masala with Pilau Rice & Coriander Salad		THURSDAY Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)	
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce		FRIDAY BBQ Bean Burger with Garden Peas & Chips (VE)	

DESSERTS					Free with the main meal or £1.65 if purchased individually
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Spiced Pineapple Cake with Vanilla Sauce	Apple Strudel & Custard	Chocolate Sponge & Chocolate Sauce	Cookie Dough Fruit Crumble	Fruit, Jelly & Yoghurt Pots	
Fruit and Jelly Pots Available Daily - Price: £1.00					

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily
£1.85

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily
Prices from £2.15



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**.
With weekly rotating choices, there's always something tasty.

£2.85

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally					Hot Bowls Prices £2.65
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Pakistani Tarka Dhal (VE)	Vegan Singapore Noodles (VE)	Vegan Ramen Bowl (VE)	The Big Plant Burger (VE)	Garlic & Chilli Noodles (VE)	

TRATTORIA					Pizza from £1.60, Pasta 12oz £2.25
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Tomato & Basil Pasta	Pasta in a Cheese Sauce	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza	

CLASSIC HOT & HEARTY	
CLASSIC MAIN MEALS £2.85	VEGETARIAN MAIN MEALS £2.85
MONDAY Traditional Sausage & Mash with Onion Gravy	MONDAY Vegan Sausage & Bean Casserole (VE)
TUESDAY Chicken & Tomato Pasta Bake Served with House salad	TUESDAY No Waste Cauliflower Cheese Pasta Bake (V)
WEDNESDAY Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy	WEDNESDAY Cheese, Leek and Potato Pie (V)
THURSDAY Sweet & Sour Chicken with Fried Rice	THURSDAY Chinese Vegetable Stir-Fry (VE)
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce	FRIDAY Vegan Quorn & Ranch Slaw Burger Served with Chips & Peas (VE)

DESSERTS					Free with the main meal or £1.65 if purchased individually
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dutch Apple Cake	Warm Blueberry Sponge	Apple & Mixed Berry Crumble with Vanilla Sauce	Banana Pudding with Custard	Fruit, Jelly & yoghurt Pots	
Fruit and Jelly Pots Available Daily - Price: £1.00					

£1.85

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

Prices from £2.15

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



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NATURally					Hot Bowls Prices £2.65
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Buffalo Cauliflower Wings with Salt & Pepper Wedges (VE)	Vegan Singapore Noodles (VE)	Singapore Fried Rice (VE)	The Big Plant Burger (VE)	Garlic & Chilli Noodles (VE)	

TRATTORIA					Pizza from £1.60, Pasta 12oz £2.25
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Tomato & Basil Pasta	Pasta in Cheese Sauce	Margherita or Pepperoni Pizza	Creamy Pesto Pasta	Margherita Pizza	

Week Commencing: 08/09/25, 29/09/25, 20/10/2025

CLASSIC HOT & HEARTY**CLASSIC MAIN MEALS £2.85****VEGETARIAN MAIN MEALS £2.85****MONDAY**

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Mac n Cheese Bolognaise Served with a House Salad

WEDNESDAY

Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Korma with Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Asian Vegetable. Soya Bean & Noodle Stir Fry (VE)

TUESDAY

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

THURSDAY

Cauliflower Bhaji Served with Pilau Rice & Minted Yoghurt (V)

FRIDAY

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

DESSERTS

Free with the main meal or £1.65 if purchased individually

MONDAY

Chocolate & Banana Brownie

TUESDAY

Oaty Apple Crumble & Custard

WEDNESDAY

Sticky Lemon Sponge & Custard

THURSDAY

Baked Churros with Chocolate Sauce

FRIDAY

Fruit, Jelly & Yoghurt Pots

Fruit and Jelly Pots Available Daily - Price: £1.00**HOMEMADE SOUP & FRESHLY BAKED BREAD**
Available Daily

£1.85

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Prices from £2.15

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Fork Friendly Falafel Kebab (V)

TUESDAY

Vegan Singapore Noodles (V)

WEDNESDAY

Spiced Paneer & Red Onion Naan (V)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

FRIDAY

Garlic & Chilli Noodles (VE)

TRATTORIA

Pizza from £1.60, Pasta 12oz £2.25

MONDAY

Tomato & Basil Pasta

TUESDAY

Pasta in a Cheese Sauce

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza