

## Good Afternoon

The proposed new **School Food Standards** are now out for consultation, with the **consultation closing on 12th June 2026**. Most changes are expected from September 2027 and some changes being phased into secondary schools to begin in September 2028.

We have reviewed the proposed changes and created the **summary document linked below** to help schools, parents and carers understand what is being suggested, how this compares with the current standards, and what the changes could mean in practice.

[Click Here To View The Proposed Updates Summary](#)

## What The Summary Outlines

The document provides a **clear, top-level overview of the main proposed changes** across the school day, including breakfast provision, fruit and vegetables, grab-and-go food, fibre and wholegrains, pulses and vegetarian meals, restrictions on deep-fried foods, coated items, pastry and meat products, as well as changes to desserts, drinks, snacks, meal deals, condiments and governance.

Some of the proposed limits would represent a significant change for school menus. Pulses would be required weekly across menus and used as the main protein in vegetarian meals at least three times per week. Cheese-based mains would be limited to two portions per week, while coated foods, pastry items and meat products would be much more tightly restricted.



[Read The Proposed Updates Summary Here](#)

## Hear From Our Nutrition Team

Alongside the summary of the proposed updates, our nutrition and food teams have reviewed the consultation in detail and shared their thoughts on what the changes could mean for schools, pupils and menus in practice. Their response looks at the opportunities to strengthen nutritional balance, while also recognising the importance of keeping school meals familiar, appealing and valued by students. You can read their full reflections in the PDF linked below.

[Click Here To Read Our Nutrition Team's Response](#)

## Have Your Say

We encourage schools, parents, carers and pupils to read the summary and respond to the consultation. You can [read more and respond to the consultation here](#). You do not

need to answer every question and can focus on the areas most relevant to your school community. Alternatively, if there are points you would like us to raise as part of the wider sector response, please do get in touch.

**The consultation closes on 12 June.** Please also share any points you would like us to consider as part of our wider sector engagement.

If you would like to discuss any of this information further, [please get in touch](#).

## How Impact Food Group Are Preparing

Due to the revised standards in primary schools being implemented from September 2027 we have started to make small changes to our current primary menus with further changes being implemented in our next menu change.

Some changes to the Secondary School Standards are due to be implemented from September 2027 with further tightening in the standards landing in September 2028 for this reason we are waiting for the outcome of the consultation before implementing any changes to our menus. We will however continue to implement our own development on reducing salt, fats and sugars while increasing protein and fibre content.

**If you would like to share this summary of the changes with parents and carers,  
please click the link below to get a downloadable pdf.**

[Click Here To Download The Proposed Updates Summary](#)



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