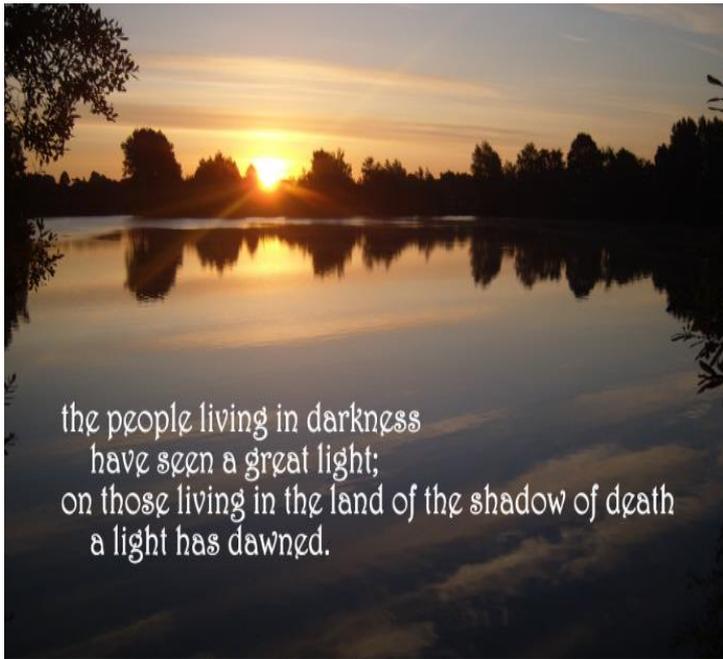


Theme of the week: LIGHT AND DARKNESS



Dear Parents/Carers,

It is good to have January behind us! Though it is always a very productive month in schools it's hard going for students with the short days and cold temperatures. February brings our whole school production of High School Musical which we are all looking forward to. If you have not yet bought tickets I would warmly encourage you to do so. Our students have been rehearsing well and

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Mrs Grosvenor and Mrs Brennan have put a lot of time, energies and love into the project. It promises to be an excellent show and the Southwick Barn is a lovely, readily accessible venue. Do join us if you can on either the 13th, 14th or 15th February.

We are also eagerly anticipating our second ski trip which departs on 15th February and runs across the half term. There is a fantastic mix of students from all year groups on the trip and a range of staff will be accompanying them as they head off to the slopes! Our intention is to run a ski trip every two years, subject to sufficient interest from families, and so our next trip will be in February 2021. Current Year 7s and 8s might like to consider if this would interest them.

There are now two weeks remaining before half term and these will be filled with important mock examination preparation for Year 11 and assessed pieces of work for students in Years 7-10. Thank you for your support of our attendance policy and for encouraging your children into school on every day possible – every lesson matters and every day brings new challenges and opportunities.

Mrs Price

Forthcoming Events

8th February	<ul style="list-style-type: none"> Year 9 Options forms deadline
13th, 14th & 15th Feb	<ul style="list-style-type: none"> High School Musical
15th February	<ul style="list-style-type: none"> Ski Trip Departs
14th March	<ul style="list-style-type: none"> Year 8 Parents' Evening
25th March	<ul style="list-style-type: none"> Enrichment Day

Student of the Week

Student of the Week for **Year 8** is Archie Wedge. He received high praise from Art, for great progress and focused listening in lessons, and art, for his recent work ethic and creative attitude in lessons.

Nominated in **Year 9** for Student of the Week for making us proud at the Be the Change event is Tor Larsen-Marks. When the speaker introduced our school he was brave enough to say 'Yeah!' with his fist up!

Linus Male is **Year 10** Student of the Week as he is fully embracing the play 'An Inspector Calls', taking on the roles of various characters and discussing their impact on the plot and other characters in the play. He has devised a letter from the point of view of a character and is developing his skills of annotation. Keep it up Linus!

Johnny Knight is Student of the Week in **Year 11** for doubling up Period 7 commitments, going to Music then going to History straight after to ensure he doesn't miss anything. Well done!

Maths Challenge

Some of our top mathematicians in Year 8 took part in a cross-Trust RET Maths Challenge earlier this year. They were given challenge questions which are not normally covered in the Key Stage 3 curriculum and had to research how to prove the answers.

We have had the results from RET and are really happy that we secured a lot of awards for our students' efforts. A particular congratulations goes to Solomon Kendrick and Reuben Whitfield who won the prestigious Gold Award.

Severe Weather

As the cold weather continues to bite we wanted to remind you again of our severe weather procedures, in case these are needed this winter. We do not take any decision to close the school lightly and are well aware of the inconvenience closures cause to our parents and carers. Please be assured that we will only close if severe weather makes our site dangerous, or if students

cannot travel to the school because of the suspension of public transport services.

Any decision to close the school will be communicated before 7am. A closure notice will be put on our website and a tweet will be issued. We will also email all parents whose contact details we hold. Local radio stations will be notified and the Local Authority will also be notified so that they can update their online school closure pages.

We will keep parents informed during the closure as to when the school will reopen. As an alternative to full closure, Mrs Price may decide to open the school late and/or allow a uniform change to enable the school to stay open during severe weather. Again, any decision on late opening or uniform changes will be communicated to you via email, the school website and Twitter.

InvestIN

Parents of students in Key Stage 4 may be interested in InvestIN Education which runs internship programmes for young people in a range of careers: <https://investineducation.co.uk/> This company has been recommended to us by a Parent Governor whose child joined a programme. Neither the school nor the governor have links with the company but we thought it would be worth highlighting their offering to parents.

Year 11

The second set of mock exams is due to start just after we return from the holidays on the 27th of February. Students who have been targeted for holiday intervention sessions will have received notification this week of these sessions. Our teachers will be working hard to prepare sessions that really deliver impact so do make sure that if the invite has been extended that it is accepted. We will run our usual targeted period 7 programme up until end of this term. During the mock season our period 7 programme will be open to all students, no invite needed. The details of the timings for the mock exams and the period 7 sessions can all be found on the school website.

Revision Tips

Healthy body, healthy mind

A healthy diet fuels the body correctly for learning. Help at home by ensuring that students eat healthy nutritious meals during periods of revision. Search the internet for “healthy revision food” and you’ll find a wealth of advice and recipes. You wouldn’t expect great performance from your car if you tried to fill it with wrong fuel (or indeed no fuel) and we can’t expect the same from our bodies. Finding time to eat as a family can also be very beneficial. Not only is it proven to increase happiness and reduce stress but there is also a statistically proven link between the regularity of family meals and increased exam performance.

Dual Coding- Combine words and images

[Click here for full size image](#)

DUAL CODING
The science behind why students get better results with the help of GCSEPod.

Dual coding is the theory that for successful retrieval of knowledge you need to combine both words and visuals for better revision.

HOW IT WORKS
Simplifying complex ideas by linking words and visuals improves encoding. This will help you remember more and recall accurately, you will then be able to recall the information better in the actual exam.
Compare words to visuals.
Look at words and compare them to the words in your notes.
Explain to your own words.
Look at an image, diagram, graph or timeline and explain in your own words what information is being conveyed.
Turn your notes into visuals.
Take the information you are trying to learn and draw visuals to represent it. This will make it easier to recall when you are completing revision notes.

TIPS & ADVICE TO GET IT RIGHT
Take your classroom notes and try turning them into visuals such as a diagram, timeline or picture. By putting it visual that will become memorable.

- Diagrams
- Infographics
- Timelines
- Cartoon Strip

HOW USING GCSEPOD CAN HELP
All GCSEPod content provides audio and visual content in one go to help you absorb information better and recall accurately improve your memory recall during exams.
Our award winning imagery supports our narration to help convey difficult topics better and ensure the information you are learning sticks in your mind. Visit www.gcsepod.com to find out more.

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Year 9 Options

We remind parents and pupils that the very **final deadline for Year 9 Options forms will be the morning of Friday 8th February.**

If your child has lost their options form, please contact the school office for a replacement.

High School Musical

As you may already know our school is putting on a production of **High School Musical**. I recently interviewed Jack Talbot, who is playing Troy Bolton and Olivia Watts, Gabriella Montez.

Q1. Are you enjoying the show so far?

Olivia: I really am! I think it has been a really fun and creative experience. I have really got to know loads of new students in the school.

Jack: I think it is a fun experience and I hope it turns out well!

Q2. Do think that you relate to your characters?

Olivia: I think I slightly relate to my character because I can be quite shy. Also because I am very dedicated to my school work, like Gabriella.

Jack: I think that I can relate to my character because I am very boisterous. As well as the fact that I am sporty and I like to sing.

By Tess Talbot, Year 8

Tickets are selling out fast but are still available to purchase via parentpay priced at £10.

King's School Hove's
Production of
Disney's
HIGH SCHOOL MUSICAL
JR

Book by DAVID SIMPATICO
Songs by MATTHEW GERRARD & ROBBIE NEVIL, RAY CHAM, GREG CHAM & ANDREW SEELEY, RANDY PETERSON & KEVIN QUINN, ANDY DODD & ADAM WATTS, BRYAN LOUISELLE, DAVID N. LAWRENCE & FAYE GREENBERG, JAMIE HOUSTON
Music adapted, arranged and produced by BRYAN LOUISELLE
Based on a Disney Channel Original Movie
Written by PETER BAROSOCCHINI

13th, 14th, 16th February 2019 @ 7.00pm
Southwick Barn Theatre
Southwick Street, BN42 4TE
Tickets on sale from 14th January £10 via ParentPay

Fixture Report

Monday 28th January - King's V PACA (Year 8):

The King's Year 8 netball team beat PACA 14-2 in a fantastic away game. The girls were absolutely brilliant in demonstrating what they have been working on in training and their shooting statistics were fantastic. Well done to Trinity and Isabella, in Year 7 who played up for the Year 8's during this game. A huge well done to Ella Kaps for receiving the 'player of the match', voted for by the PACA players.

Monday 28th January - King's V PACA (Year 9's & 10's) and Tuesday 29th January - King's V Blatchington Mill (Year 9's & 10's):

Our combined Year 9 and 10 team remained unbeaten in the league until they came up against a very strong and well-gelled PACA team on Monday. The game was very even until the last quarter, when PACA came away with the game. The girls were unfortunate to lose 8-4 to PACA – their most challenging game to date. The girls had to ensure they stayed positive as they came up against Blatch on Tuesday this week. They won 8-6 and played some of their best netball. Centre passes were successful and defensively they worked incredibly hard as a team unit. A huge well done to all of the girls who played over these two consecutive games this week.

Student Success in Gymnastics!

Congratulations to Hannah in Year 7 who won a gold medal for her gymnastics club at their competitive meeting in

Hastings last weekend.

Hannah is dedicated to her chosen sport and is enjoying great success!



Recycling Award

A huge well done to all at King's for receiving an Award for Environmental Excellence. Staff and pupils alike take time and care to ensure they put recyclable rubbish into separate bins around school and have been rewarded with the prize below! Go #TeamKing's!



Immunisations Reminder

A reminder that students in Year 9 have been given consent forms for the 'teenage booster vaccinations'. If you would like your child to receive this vaccination in school **please ensure you return your form to the school office by 3pm Tuesday 5th February.**

In Case You Missed It...

Messages sent home to parents via ParentPay this week were:

- A reminder to provide early release consent in case the school has to close early due to severe weather
- A request for emergency contact information for students on the Ski Trip
- A reminder to get your High School Musical tickets before they sell out