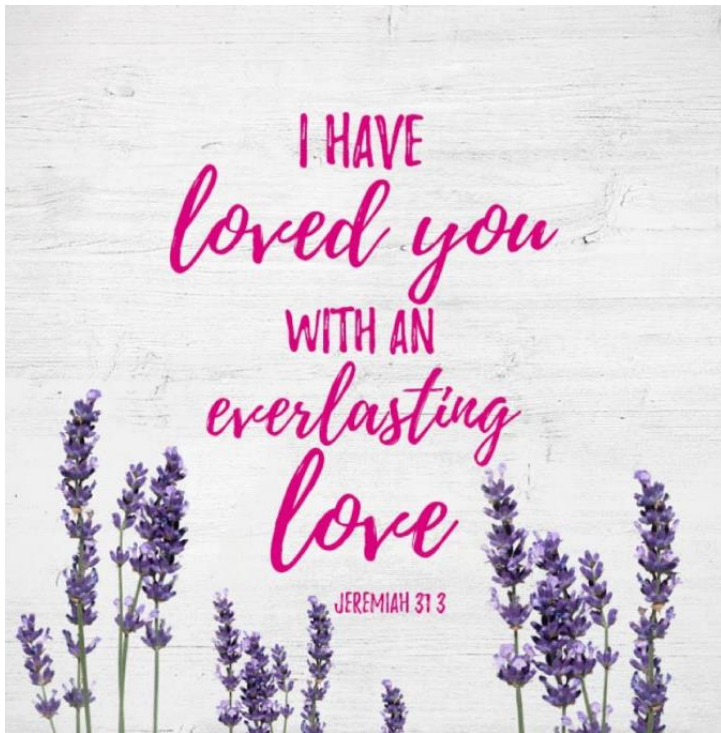


Theme of the Week: Love One Another



between the end of Key Stage 2 (Year 6) and the end of Key Stage 4 (GCSE exams). Anything over +0.50 is considered to be outstanding and the local authority average this year is +0.09. We are incredibly proud of our class of 2022 who achieved some truly wonderful results this year and of our staff team who worked so hard to support them to reach their full potential. A fantastic end to this half term! Students and staff are in need of a break at the end of a long half term and I hope you will be able to enjoy some time with your children next week. In a time of near-constant change and political instability at the national level, and in the midst of a cost-of-living crisis which threatens to plunge thousands of people into difficulties this winter, please be assured of our continued steadfast care for your children, and for our wider community. It is a pleasure and a privilege to serve you all.

Mrs Price

Dear Parents/Carers,

You may be aware that the government published its school performance data on Thursday this week. You can find data for King's [here](#). Our Progress 8 score has been confirmed as +0.71. This is a measure of how much progress students make in eight different subjects

CONTACT DETAILS

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Forthcoming Events

Friday 21st October	<ul style="list-style-type: none"> • INSET day
Monday 24th to Friday 28th October	<ul style="list-style-type: none"> • Half term
Thursday 27th to Friday 28th October	<ul style="list-style-type: none"> • Year 11 holiday intervention
Thursday 10th November	<ul style="list-style-type: none"> • Year 8 Parents' Evening
Monday 14th to Friday 18th November	<ul style="list-style-type: none"> • Anti-bullying week

Sixth Form Open Evening – Thursday 3rd November.

The Sixth Form at King's will be opening in September 2023 and will accept both King's students and students from other local schools.

To apply for a place at King's Sixth Form for September 2023 please [click here](#). To register your interest for our Open Event, please [click here](#).

We will be offering an appropriate academic curriculum, delivered by an enthusiastic and highly skilled staff team, alongside excellent pastoral care and bespoke support, to ensure our students reach their full potential in Key Stage 5. We are incredibly excited about this final phase in the growth of our school. You can find the following information on our website:

- Please [click here](#) for the presentation from our recent Sixth Form Information Evening, held in July 2022.
- Please [click here](#) for a video from Mr O'Sullivan who is the Leader Adviser for Sixth Forms across the Russell Education Trust.
- Please [click here](#) for our Sixth Form prospectus.
- Please [click here](#) for our Sixth Form video which should give you a good flavour of our plans for our exciting new Sixth Form.

Our Sixth Form Opening Evening will be held on Thursday 3rd November 2022. More details on the poster below. Please feel free to share the details of the Open Evening with any parents/carers or students from outside of King's.

Stay tuned to this page and our social media feeds for updates!

Instagram: @kingsschoolsixthform

Twitter: @kingsschoolsix1



"Let all you do be done in love." 1 Corinthians 16:14

Sixth Form Open Event

Opening September 2023!

Thursday 3rd November

4:30 - 6pm

Find out more about the range of courses we will be offering
Speak to our skilled subject staff
See our great facilities

All parents and students welcome from schools across the local area
Refreshments available

Visit our website
to register your interest



Applications now open

If you are unable to attend our Open Event but would like to arrange a tour at another time, please email sixthform@kingsschoolhove.org.uk

To apply, please visit www.kingsschoolhove.org.uk/sixthformapply.php

Attendance

Congratulations to Year 11 who have achieved over the school target of 96% this week – what a fantastic way to end the half term!

Year 8 Parents' Evening

Year 8 Parents' Evening will take place online on Thursday 10th November. Booking will be opened in the week after half term.

Year 11 Mocks

Year 11 mocks will begin on Thursday 17th November through to Friday 25th November. Please see the below mock programme. These are an important part of the journey towards GCSEs and so please encourage your Year 11 student to revise during the holidays as preparation. There was a guide on how to revise in last weeks newsletter and additional information can be found under Year 10 and 11 information evenings on the website.

	Thursday 17 November	Friday 18 November	Monday 21 November	Tuesday 22 November	Wednesday 23 November	Thursday 24 November	Friday 25 November
Morning	English Language P2	Biology	Maths P1	English Literature	Chemistry	Physics	English Language P1
All start at 8.45		Comb. Sci. Biology			Comb. Sci. Chemistry	Comb. Sci. Physics	
Mid Morning		Religious Studies	History			Spanish Listening - Foundation Tier	Spanish Listening - Higher Tier
Afternoon	Geography P1	Spanish Writing	French Listening & Reading	Maths P2	Design & Technology	PE	Geography P2
All start at 1.30		French Writing			Food Prep & Nutrition	Drama	
		Media Studies	Spanish Reading		Business	Computer Science	
					Music		

Spanish & French Speaking Exams will take place on the 29th, 30th November, and 1st December.

Art mock will take place on the 12th & 13th December.

Year 11 Intervention

Parents of students who are invited to Year 11 intervention this half term have been contacted via email this week. Sessions will take place on Thursday and Friday. If you have any concerns about your child's progress, please contact the subject Head of Department.

Student of the Week

Students of the week

Year 7	Philip M
Year 8	Freddie W
Year 9	Andrew S
Year 10	Eva J, Rukhshona H
Year 11	Lyndon G

Design a Poster for Beauty and the Beast

Beauty and the Beast School Production- Design a poster!



We would like you to design a poster for the Beauty and the Beast school production taking place in February. All Years are welcome to submit an entry. Your design should include:

- No text! Design/ drawing only
- No copied Disney images or logos
- Lots of colour!

Please submit your entries to Ms Flamson, Headteacher's PA via the school office. Entries should be submitted no later than Friday 2nd December 2022.

Happy designing 😊

King's School Fund

Raising money to enrich and expand our students' experiences.

Visit <https://www.justgiving.com/campaign/kings-school-fund> or click on this image to be taken to the page.

Every donation has an impact on a student's education experience.

Thank you for your support

King's School

King's School Fund

Revision Tip – Creating a Timetable

In order to ensure you cover all the knowledge and skills you need to revise before an exam or test, it is a good idea to create a revision timetable. This is especially important in the run up to an exam season as you will have a number of different subjects to revise for.

What is a revision timetable?

A revision timetable is just a plan of what you are going to revise each day and in different time slots on that day. Think about how much time you can realistically spend each day revising. This will be different depending on whether you are in school that day or where in the school year you are. **Remember that little and often is better than trying to cram before an exam.** The earlier you start 'revising' (going over learnt knowledge) the easier it will be when it comes to the exam season. **It is never too early to start revising!**

What tips can you give me to organise my revision time?

- **Think about Schema:** We can help ourselves to remember by making links in our learning e.g. revising a theme across texts in literature, revising tyrants from different time periods in history, revising use of BIDMAS in different mathematical questions or papers.
- **Make sure you are Interleaving:** alternating between different topics and/or subject areas helps embed knowledge in our long-term memory
- **Plan by Spacing:** returning to topics after a break.
- **Use your Metacognition:** look back at areas of weakness from previous study sessions and ensure you repeatedly return to these, making them the focus of future sessions. Think about what revision strategies work best for you (that may be different for each subject)

Revision Timetable Template

Monday	Tuesday Break day	Wednesday	Thursday Break day	Friday	Saturday
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Work out **which days** you are going to be able to revise on and which days you are going to rest on.

Work out **how much time** you can spend revising each day (this will be different for different days)

Allocate subjects to times (1 hour or 30-minute blocks can work well)

Be specific about **which topics** you will be revising in each slot.

Stick to it!

Is there anything else I should remember when I'm revising?



1. **Eat:** it is very tempting to have sugary snacks and energy drinks to help you through 'exam season' but it is incredibly important we look after our diets. Fruit and vegetables are obviously important and this can be as simple as replacing a fizzy drink with a glass of fruit juice.
2. **Sleep:** do not fall into the trap of 'cramming' by staying up late the night before an exam. This will only make you feel tired. A good night's sleep is important for your brain and body to feel rested and on top form.
3. **Exercise:** some fresh air and exercise will help de-stress during the exam period. You could even plan short runs or scenic walks into your revision timetable.
4. **Relaxation:** taking time to relax is just as important as time spent studying. This might be a long bath, watching your favourite TV programme, reading a book or playing some music. Even a minute of mindfulness (closing your eyes and focusing on your breathing) can help to declutter our minds.

Black History Month: Rev Rose Hudson-Wilkin

Reverend Rose Hudson-Wilkin was the first ever black woman to serve as Chaplain to the Speaker of the House of Commons. Reverend Hudson-Wilkin was born in Jamaica and was ordained as a priest in 1994. In 2019, she was installed in Canterbury cathedral as Bishop of Dover, becoming Britain's first black female bishop.

'I'm Britain's first black woman bishop and I long for the day when that's not unusual' – Rose Hudson-Wilkin



Speakers for Schools

Broadcasts are a great way for students to hear directly from leading figures from a range of industries, and have the opportunity to ask questions via a moderated Q&A. Speakers for school provide live and recorded broadcasts for students to participate in. Watch pre-recorded broadcasts from the library [here](#). Next week's broadcast schedule is below:

Date	Friday 21 st October 10-10:45am
Speaker	Naureen Khan, Chief of Staff, Accenture & Former Chair of the Central Government Council, TechUK For KS4-5/S4-6
Info	Considering working in the fast-growing digital tech sector? Got a work experience placement this half-term in the sector? This may be the broadcast for you! Naureen will be speaking about some of the exciting roles in her industry that you may never have heard about before and the work being done to close the gender gap in her industry. Click here to register

Date	Wednesday 2 nd November 10-10:45am
Speaker	In Partnership with IntoFilm, Wendy Ide, Film Critic The Observer For KS4-5/S4-6
Info	Speakers for Schools and IntoFilm are partnering together for an online broadcast on the 2nd of November at 10am. The event will look to demystify some common misconceptions around this industry and explore what it's like to be a female film critic. Click here to register

Date	Thursday 3 rd November 2-2:45pm
Speaker	Stephen Miron, Group CEO, Global For KS4-5/S4-6
Info	Have you ever been interested in learning more about radio? Hear from Stephen Miron the Chief Executive of Global. Global Radio is Europe's largest commercial radio company and owns Heart, Capital, Classic FM, Smooth, LBC, Radio X, Capital Xtra & Gold. Stephen will be talking about what it's like to on air as well as what goes on behind the microphone Click here to register

A Taste of Mexico



Day of The Dead November 3rd

Break:
Nachos with Salsa & Cheese
Pepperoni Pitta Pizza

Lunch:
Taco Bar
Chicken & Pepper Fajita
Chilli Con Carne
Quorn Chilli

Served with
Fries, Onion Rings & Sweetcorn

Dessert:
Cinnamon Rice Pudding

Skull Cupcakes
Skull Shortbread

HARRISON
food with thought

BREAKFAST 8-8.20

MENU

Come and Start Your Day

- Bacon Bap £1.25
- Cereal 70p
- Cereal with Milk £1.05
- Waffle 70p
- Petite Pain 50p
- Croissant £1.30
- Butter Portion 25p
- Jam Portion 25p
- Yoghurt & Fruit 90p
- Fresh Fruit 45p
- Juice Carton 90p
- Hot Chocolate 75p

Celebrate Bonfire Night

Friday 4th November

Break

- Cheese & Bacon Turnover - £1.60
- Sizzle Cheese Straw - £0.85

Lunch

- Guy Fawkes Jumbo Sausage - £2.10
- Bonfire Veggie Burger - £2.10

Served with Crackle Chips, Banging Beans & Parliament Peas

Traditional Toffee Apple Sponge with Custard - £0.85

Meal Deal

- Main Meal & Hot Dessert - £2.35
- Jumping Jackets with Beans & Cheese - £1.90
- Macaroni Cheesé - £1.90

Treats

- Sparkler Chocolate Apple - £1.00
- Catherine Wheel Shortbread - £0.85
- Chocolate Iced Popping Candy Cake £0.85

HARRISON
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Come and join us at one of our forthcoming

OPEN EVENINGS 2022

TUES 1 & WED 2 NOVEMBER

6.30pm - 9pm

- an opportunity to look around our beautiful and unique campus
- find out about the courses we offer and our superb academic track record
- talk to staff and students to discover what it is like to study at Varndean, the outstanding support we provide and our wonderful community atmosphere
- No advance booking necessary

Discover for yourself what is so special about Varndean College

Visit our website: WWW.VARNDEAN.AC.UK/EVENTS

