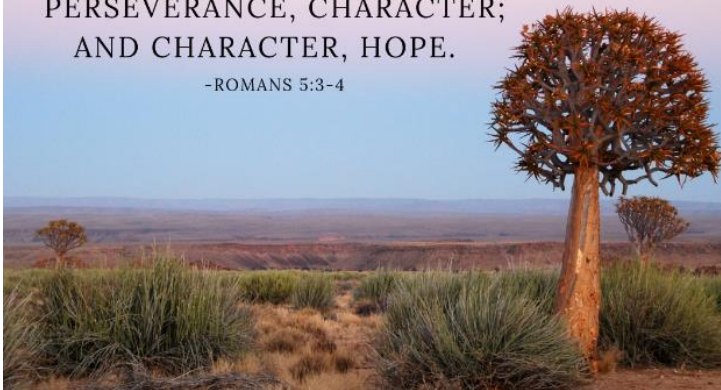


Theme of the Week: Building Character – Perseverance

NOT ONLY SO, BUT WE ALSO
REJOICE IN OUR SUFFERINGS,
BECAUSE WE KNOW THAT
SUFFERING PRODUCES
PERSEVERANCE;
PERSEVERANCE, CHARACTER;
AND CHARACTER, HOPE.

-ROMANS 5:3-4



Dear Parents/Carers,

I hope this newsletter finds you well at the end of another cold and damp week. Although there are never any quiet times (!) this is a particularly busy time of year in school. Year 11 students are especially busy completing coursework and practical examined components of their courses, and their teachers are

working hard to ensure they are well provided for through these. Year 10 are preparing for mid-course exams after Easter. As a senior leadership team we are busy interviewing to ensure the school is fully staffed for September. We have been able to make a number of growth appointments in recent weeks, despite the nationwide issues with teacher shortages, which has been very pleasing. It currently looks as though the industrial action from the National Education Union planned for next week will go ahead. I have written to you with detailed plans for the two days of action scheduled for next Wednesday 15th and Thursday 16th March. Thank you for your ongoing understanding regarding the industrial action and the impact on our school operation. I wish you all a good weekend.

Mrs Price

This Week's Theme: Building Character – Perseverance

This week in our worship time we have been continuing our term's series on 'Building Character' and have been particularly looking at the trait of 'Perseverance'. In their extended tutor worship students watched a short clip from the Disney Pixar film 'Piper' and looked at

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Forthcoming Events

| | |
|---|---|
| Wednesday 15th and Thursday 16th March | <ul style="list-style-type: none"> NEU Industrial Action |
| Thursday 16th March | <ul style="list-style-type: none"> Let's Dance at the Dome |
| Tuesday 21st and Wednesday 22nd March | <ul style="list-style-type: none"> Year 10 Art Exam |
| Friday 31st March | <ul style="list-style-type: none"> Last day of term |

some examples of perseverance reported in the national news. Students were told about the efforts of a member of our site team who is currently raising funds for some missionary work he is to undertake with a church group in Ethiopia later this year. Students considered some secular quotes on perseverance and looked at Bible verses from Galatians, Hebrews and 2 Corinthians. Students have had in-person assemblies with their Heads of Year this week and have been able to mark International Women's Day and reflect on the current global situation as regards equality for women.

King's Sixth Form

We would really love to continue to encourage Year 11s to apply to be the first sixth form cohort at King's. We are confident that we will be able to offer them excellent, distinctive provision. We are still accepting applications so please do not hesitate to fill out a form.

- Be known
- Outstanding Pastoral Support
- Small class sizes
- Excellent teaching and learning
- Leadership opportunities
- Bespoke careers and UCAS advice

If you have any further questions, please contact Mrs Coles at sixthform@kingsschoolhove.org.uk. Every student who applies to the Sixth Form will receive an interview with Mrs Price and Mrs Coles, which will be a valuable experience.

Apply here [King's School Hove \(ret.systems\)](#)

Instagram: @kingsschoolsixthform

Twitter: @kingsschoolsix1

Student of the Week

| | |
|----------------|-------------|
| Year 7 | Anouska T-W |
| Year 8 | Lila H |
| Year 9 | Seren J |
| Year 10 | Amelie W |
| Year 11 | Is'Haaq H |

Surf Life Saving

Luca K and Alfie D represented the Brighton Surf Life Saving Club at the Wessex South Coast championships in Poole last weekend. They took home gold silver and bronze medals between them for team and individual swim rescue events. Well done!



Attendance

Congratulations to Year 10 who achieved a fantastic 97% attendance on Thursday this week. Well done!

Options Interviews

Students in Year 9 will be receiving a meeting with a member of Leadership or their Head of Year to discuss their options choices. These meetings will take place before Easter and students will be notified of their date and time slot next week.

Upcoming Sports Fixtures

| | |
|--|--|
| Monday 13th March | <ul style="list-style-type: none"> • Year 7 Girls' Football v Peacehaven (2:30 KO) |
| Wednesday 15th March | <ul style="list-style-type: none"> • Year 11 Boys' Football v Patcham (Away, KO 3:30) |

Brighton and Hove Council are offering free Easter Holiday Activities and Food for families in receipt of benefit related Free School Meals. This includes activities of up to four hours per day along with a healthy meal, over four days of the Easter holiday. There are a wide range of activities available, including coding workshops, drama academies, outdoor activities and family cooking. Places are limited, so if your child receives FSM and you would like them to take part you will need to sign up as soon as you are able. Please visit www.brighton-hove.gov.uk/haf for a full timetable of events. You will need a Holiday Activities and Food (HAF) code to sign up. If you have used HAF before, you can reuse the code you had in the past. If you are new to HAF or if you have lost your code, please email HAF@brighton-hove.gov.uk with the full name and date of birth of your child.

Mental Health Support Team

At King's we are well-supported by the Mental Health Support Team. Over the coming weeks we will be sharing guides and top tips from the team here in the newsletter. This week, we attach a newsletter about Exam Stress.

Parent Prayer

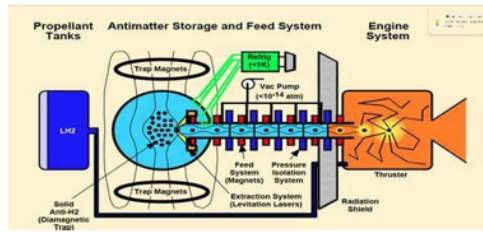
We are so grateful to all parents who regularly pray for our school community. We have a group of parents who have set up a weekly online prayer meeting to enable parents to pray together for our school. They would love more people to join them in prayer.

The group will be meeting in-person, at the school gate, to walk and pray for the school on **Monday 20th March at 9.30am**.

If you would like to join or find out more, please contact Ruth Bickle via email ruthbickle@hotmail.com for further information or come and pray with the group on Monday 20th March and have a coffee together afterwards.

Congratulations to Robert S who had one of the winning entries in the Varndean Colleges time capsule competition. Well done!

"Horizon" interstellar fusion engine by Robert S



It has always been humanity's dream to conquer the stars and explore the universe but up until now the vast and mind boggling distances have always kept humanity chained to its home. But now voyages that would taken eons now take mere months. By harnessing the immense power of fusion energy humanity's dreams of interstellar travel and conquest may come true.

The fusion engine

Fusion energy relies on a nuclear reactor heating streams of gas to extremely high temperatures and launching it backwards thus propelling the rocket forward. The power of rocket engines is measured in specific impulse.

Specific impulse

Specific impulse is measured in seconds, 400 seconds would mean that a rocket with 100kg of fuel would produce 100kg of thrust for 400 seconds before running out of fuel. Higher seconds means the rocket engines, currently the best chemical NASA rockets can do around 380 seconds of specific impulse nuclear fission engines can do approximately 800 seconds a fusion engine in its most efficient mode can do 27,200 seconds of specific impulse.

Going interstellar

With our current technology it would take 81,000 years to reach the nearest other star to earth Proxima Centauri with a fusion engine this could be reduced to 9 and a half years.

Conclusion

In conclusion, if humanity ever hopes to reach other stars within a human life time or perhaps even other galaxies it will have to use new technology at the time of writing the fusion engine is an unproven concept however, in 2028 a group of scientists hope to test out the first ever fusion engine. Until then the universe lies tantalizingly out of reach full of discoveries to be made and ripe for exploration by an intelligent life form that will one day become the first interstellar species.

Optional Worship

This Wednesday we were joined by Aaron and Eleanor from St Peter's Brighton, who led a time of reflection and worship on the theme of Patience. Aaron spoke to students about how easy it is for us to be impatient and expect everything to happen in our own time. He reflected on the idea that Christians trust God to work in his timing, so even if we pray about something and nothing seems to be happening, we can trust that he is working things out for our good.

I was reminded of how we have been reflecting this year on what the Bible means by love. In 1 Corinthians 13:4 Paul writes "Love is patient, love is kind." Aaron talked about how we can find it really hard to be patient with each other, especially when other people don't do what we are expecting! But Christians believe that because

God is so patient with us, we should love each other by being patient with one another.

It was lovely to see so many of our Year 7 and Year 8 students take the opportunity to join in with this service. Optional worship/reflection times take place throughout the year with one planned for next half term; all students are welcome.



The Oxford Scientist Schools' Science Writing Competition

It was great to have two former students in to talk to our Year 10 students this week. Gavin M and Gabe A-H spoke to the students about this great opportunity to enter the prestige Oxford Schools competition.

For more information, please go to [Schools Competition - The Oxford Scientist \(oxsci.org\)](https://www.oxsci.org) The competition is open to students in Year 10 to 13.

We look forward to hearing that King's students have been selected as winning entries in the future!



Year 7 Netball

On Monday 6th our Year 7 netball team took part in the annual city-wide netball tournament, hosted by Dorothy Stringer. The girls played five games in their initial pool - winning 3, drawing 1 and losing 1. This gave them an overall 1st position in their group stage. To everyone's surprise, the team then competed in a play-off game against Patcham A, with the winning school going through to represent Sussex at the School Games. After three rounds of extra time, and both teams still drawing, the decision was made to look back at goals scored in the initial group stages. Patcham took the win, with just one extra goal. Despite the team being initially disappointed, our students were quickly able to recognise their efforts and achievements and their self-pride was simply wonderful to see. Every single one of our students were a real credit to King's. A special mention to Neve T for being an outstanding captain - talking to the opposition in such a friendly manner, giving great team talks and tips and generally being a great burst of energy and motivation.



International Women's Day at Roedean School

We were delighted that 13 of our Year 10 pupils were invited to join International Women's Day 2023 at Roedean on Wednesday. They attended lectures delivered by inspiring women from right across the globe. There really were some extraordinary contributors and you can read more about the speakers by clicking the link below. Our partnership with Roedean continues to provide excellent opportunities for pupils at King's and we look forward to taking part in future events and initiatives. Thank you to Roedean and to Miss Chambers who led the trip on behalf of King's.

https://issuu.com/roedeanschool/docs/roedean_international_women_s_day_2023



PTA

The PTA have the following upcoming events:

- Friday 30th June – Parent/Carer Walk and Talk
- Thursday 14th September – Colour Run

The PTA AGM will take place on April 27th from 6pm at school, and they are looking for new members, in particular a Treasurer. All are welcome to attend.

Speakers for Schools

Broadcasts are a great way for students to hear directly from leading figures from a range of industries, and have the opportunity to ask questions via a moderated Q&A. Speakers for school provide live and recorded broadcasts for students to participate in. Watch pre-recorded broadcasts from the library [here](#). Next week's broadcast schedule is below:

| | |
|----------------|---|
| Date | Monday 13 th March 10-10:45am |
| Speaker | Cinematography Careers with Sophie Darlington For KS3-5/S1-6 |
| Info | Do you want to go into Media Production? Do you love photography or cinematography? Since 1991 Sophie has worked happily as a filmmaker and cinematographer specialising in natural history in remote locations throughout the world from 78 degrees South to 78 degrees North. Sophie won a BAFTA in 2016 and was accepted as a BAFTA member in 2018. Join us as we interview Sophie about her career and find out her top tips and career tricks. Click here to register |

| | |
|----------------|---|
| Date | Tuesday 14 th March 2-2:45pm |
| Speaker | Career Insights into the Music Industry with Karen Emanuel, CEO, Key Production Group For KS4-5/S4-6 |
| Info | The music industry isn't just for musicians and singers, there are many other career roles available if you are passionate. In this broadcast, we will hear from Karen Emanuel who started in the music business booking bands and DJ-ing at Leeds university, and later in 1990, she began Key Production, which specialises in the design and manufacture of Vinyl CDs, DVDs, and cassettes plus bespoke packaging for both music and a growing list of other industries. Click here to register |

| | |
|----------------|--|
| Date | Wednesday 15th March 2-2:45pm |
| Speaker | Music Branding and Events with Romano Sidoli, Former Head of Magazine Relations, News Team Group & Former Managing Director, NME – Time Inc. (UK) Ltd For KS4-5/S4-6 |
| Info | Romano Sidoli is CEO of The Romano Sidoli consultancy, a team of event and brand specialists working in the music and media industries. His clients include FAC (Featured Artist Coalition), MMF (Music Managers Forum), Croydon Council, GUAP, OpenLab.fm, My Runway Group, Americana Music Association-UK, Escape Records & many more. Previously managing director of NME, he led the NME's brand transformation, which saw the iconic music magazine move to a free distribution model in September 2015. Romano looks forward to answering your questions about the world of events and music branding. Click here to register |

Click [here](#) to register

King's School Fund

Raising money to enrich and expand our students' experiences.

Visit <https://www.justgiving.com/campaign/kings-school-fund> or click on this image to be taken to the page.

Every donation has an impact on a student's education experience.

Thank you for your support





King's School Fund

| | |
|----------------|---|
| Date | Thursday 16th March 10-10:45am |
| Speaker | Strengthen Your Skill Set with Stephanie Flanders, Senior Executive Editor at Bloomberg and Head of Bloomberg Economics For KS4-5/S4-6 |
| Info | In this broadcast, economist, Stephanie Flanders who has the position as the Senior Executive Editor and Head of Economics for the financial, software, data, and media company, Bloomberg will be talking to us about the basics of being an economist, transferable skills, and strengthening your skill set through practical and educational means. Click here to register |

| | |
|----------------|---|
| Date | Friday 17th March 10-10:45am |
| Speaker | My Career as a Musician with Matt Griffiths, CEO, The National Foundation for Youth Music For KS3-5/S1-6 |
| Info | Matt Griffiths is the CEO of Youth Music, a charity investing in music-making projects for young people experiencing challenges. Matt originally trained as a percussionist and was a professional musician and music educator. This work included leading workshops and projects in prisons, young offender institutions, and more. In this session, we will hear about how music careers and passion for music can create a vibrant successful, and fulfilling career and how you don't have to just be a musician. |