

Dear Parents/Carers,

We held our first GCSE Art Exhibition in school on Tuesday evening this week. We were delighted that the event was so well attended and that the Exhibition was enjoyed by all our visitors. Guests commented really positively on the quality of the artwork and the diversity on display. They also noted the pride with which students spoke of their own work and that of their peers. We are very fortunate to have wonderful art teachers at King's, in the form of Mrs O'Sullivan and Mr McCardie. Students are really encouraged and supported to find and develop their own artistic voice and self-confidence in their art work. We look forward to repeating the event again next year.

Key Stage 3 end of year exams continue next week, with a focus on Year 9. Thank you for supporting your child through this end of year exam period. Teachers have been asked to ensure that students are clear on when their end of year exam will be sat in each subject and what revision work can be done to prepare for them. A reminder that we do not want students to be unduly stressed by these assessments; it is important that they do their best and demonstrate what they have learned and retained this academic year.

Now that Year 11 students have largely left Year 7 students have access to the MUGA area at break and lunch times. Year 7 students can play football on the MUGA on Tuesdays and Thursdays and can play other ball games on the MUGA on Fridays. Year 7 students can also continue to access the courtyard area in their social times until the end of term.

I hope you all have a lovely weekend.

Mrs Price

#### Parent/Carer Surveys 2024

You will have received an email regarding our annual parent/carers survey this week which we administer online. **We would strongly encourage you to complete a survey before the deadline of Friday 21<sup>st</sup> June.** The data that we gather from the annual survey is extremely helpful to us in ongoing school development work and the more responses we get the more comprehensive and helpful the data is. The survey is anonymous but you can give us your name if you would like to be identified. We send out a different link for each year group so that the data can be analysed by year group. Please find links to the surveys below:

[Year 7 Survey](#)

[Year 8 Survey](#)

[Year 9 Survey](#)

[Year 10 Survey](#)

[Year 11 Survey](#)

[Year 12 Survey](#)

## Theme of the week: Celebrations and Festivals

Monday 17th— Friday 21st June	<ul style="list-style-type: none"> <li>Year 9 Exams</li> </ul>
Tuesday 25th June	<ul style="list-style-type: none"> <li>Year 9 td/IPV and MenACWY Vaccines</li> </ul>
Thursday 27th June	<ul style="list-style-type: none"> <li>Summer Music Showcase</li> </ul>
Tuesday 2nd July	<ul style="list-style-type: none"> <li>Year 11 Prom</li> </ul>
Wednesday 3rd July	<ul style="list-style-type: none"> <li>Year 6 Parents' Information Evening</li> </ul>
Thursday 4th July	<ul style="list-style-type: none"> <li>Awards' Evening</li> </ul>

## Student of the Week

- Year 7** Sophia. L for her continued excellent work and attitude towards her learning
- Year 8** Aiden. J for his positive attitude and kindness shown to students this week.
- Year 9** George. A in 9C for great work in English.
- Year 10** Malachi. B and Megan. M for consistently excellent work all week in Maths, English and History.

## Theme of the Week

This week we looked at a different number of celebrations and festivals from different religions, as well as why it is important to celebrate rites of passage and meaningful events in life in general. We also connected Ethiopian celebration Genna to Beamlak, a young person we as a school we now sponsor! We shared his letter to us as a school and gave students an opportunity to write one back.



## Sixth Form

Please [visit our website](#) for more information about our Sixth Form.

[Video for Parents 1: Choosing your sixth form courses | Resources | Net Sixth Form](#)

For any Year 11 student that is struggling with what subjects to study post 16, please see this helpful video to help you make your decisions. If you need further help in school, please do contact Mrs Coles at [sixth-form@kingsschoolhove.org.uk](mailto:sixth-form@kingsschoolhove.org.uk) who will be more than happy to have a conversation about options across the city and at our sixth form.

There is also a useful resource to help you decide your options across the city if you are struggling to decide where to go [Best Next Steps - Colleges and FE application portals \(padlet.com\)](#)

## Spotlight: Economics (B) Edexcel A Level

Recession, the cost-of-living crisis, Inflation, interest rates -over the last few years these terms have been constantly appearing in the media. As such there, has, arguably, never been a more important time to grasp a basic understanding of economics to decode what information we are being exposed to. In economics we uncover these terms look at the theory behind what is happening in our economy.

However, economics is not just about money; it's about making choices and understanding the consequences of those choices. It's a fascinating subject that affects every aspect of our lives, from the groceries we buy to the jobs we choose.



During the 2-year course you will uncover a vast range of topics that can be categorised into two main areas:

**Microeconomics:** This focuses on the actions of individuals and businesses. It's like looking through a microscope to see how the small parts of the economy operate.

**Macroeconomics:** This looks at the economy as a whole, including issues like inflation, unemployment, and economic growth.

### Applying Economics to Your Future

Understanding economics can help you make better decisions about your future. It can guide you in choosing a career, or even starting your own business. It can also be a pathway to your future career as a:

- Economist: Studying economic trends and policies.
- Finance and Banking: Working in financial institutions.
- Financial Risk Analyst: Assessing financial risks.
- Investment Analyst: Evaluating investment opportunities.
- Stockbroker: Buying and selling shares.



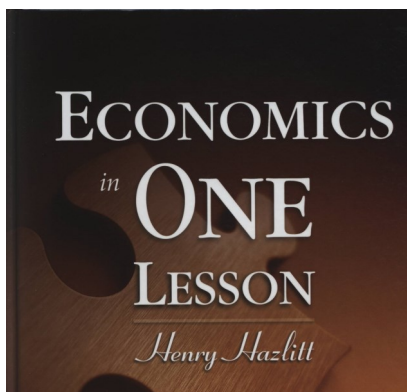
## A Further Insight into Economics

### Movies:

The Big Short (2015) – on Netflix- this looks at the cause of the 2008 financial crisis

A Beautiful Mind (2002) – on Netflix- this looks at the origin of game theory

Inside Job – documentary (2010)- available for rent - this looks at the run up to the 2008 financial crisis



### Books:

'Economics in one lesson' - Henry Hazlitt

'A little history of economics' - Niall Kishtainy

'Freakonomics' – Steven Levitt

'Nudge: Improving Decisions About Health, Wealth and Happiness' - Richard Thaler

'thinking fast and slow' – Daniel Kahneman

### What are current economic students say about the course:

'I enjoy studying economics as it is helping me to understand the world around me' - Miriyam M.

'A-level economics is a great subject that has so far really helped me to engage and expand my understanding of the economy and how the world works around me' - Tom S

'I am really glad I chose this subject it has giving me an insight into understanding some of the motivating force of the world' - Luca M



### More information

Mr Russell is always happy to talk in more detail about Economics. Please do pop in and see him in the Business and Economics room, or email [l.russell@kingschoolhove.org.uk](mailto:l.russell@kingschoolhove.org.uk) for more information.



## Attendance

“Congratulations to Year 8 who have exceeded our school target of 96% this week - well done!”

## The Importance of Sleep

**The importance of sleep:** We all seem to lead increasingly hectic lives as we juggle our commitments to work, school, family and friends. For young people there has been a significant focus on mental health and wellbeing but sleep often gets overlooked as a key strategy for improving mood, educational achievement and overall happiness. A great deal of research has been undertaken into the importance of sleep for teenagers and we have collated some of the key information below and included some links if you wish to go deeper into the issue. Lynne Barnes (School Nurse) can meet with your son or daughter to discuss sleep if you feel this is a problem and you can arrange this via your child’s Head of Year.

- Sleep research suggests that a teenager needs between eight and 10 hours of sleep every night.
- Most teenagers only get about 6.5-7.5 hours sleep per night.
- Teen's body clocks naturally shift to make them feel tired later in the evening, but early school starts do not enable them to sleep in the mornings.
- Chronic sleep deprivation can have dramatic effects on a teenager’s life (see below)
- Smart phones and other devices used around bed time reduce sleep time. Light cues the brain to stay awake. In the evening, lights from televisions, mobile phones and computers can prevent adequate production of melatonin, the brain chemical (neurotransmitter) responsible for sleep
- Avoiding stimulants such as coffee, tea, soft drinks and energy drinks in the evening can help to promote better sleep.

### Effects of teenage sleep deprivation

The developing brain of a teenager needs between eight and 10 hours of sleep every night. The effects of chronic (ongoing) sleep deprivation may include:

- mentally ‘drifting off’ in class and shortened attention span
- memory impairment and poor decision making
- lack of enthusiasm
- depression, moodiness and aggression
- risk-taking behaviour
- slower reflexes and clumsiness, which may result in physical injuries
- reduced sporting and academic performance
- increased number of ‘sick days’ from school because of tiredness



### Useful links:

[Excellent Ted Talk by Dr. Michelle Olaithe](#)

<https://www.nhs.uk/every-mind-matters/mental-health-issues/sleep/#top-tips>

<https://www.hopkinsmedicine.org/health/wellness-and-prevention/teenagers-and-sleep-how-much-sleep-is-enough>

**Is your child not  
able to attend  
school?**



**NEED  
SUPPORT  
WITH YOUR  
CHILD  
OR WANT TO  
MEET OTHER  
PARENTS IN THE  
SAME  
SITUATION?**



**Wednesday 26th June 2024**

**10-11.30am**

**ALCAMPO LOUNGE—  
LONDON ROAD**

**Please contact**

**Sharyn.brazier@brighton-hove.gov.uk OR  
jo.roeg@brighton-hove.gov.uk**

## New Head of Design and Technology

Mrs J Griffith, new Head of Design and Technology:

Dear King's School community,

I wanted to take this opportunity to introduce myself. I am sure many of you have been told about a new DT teacher, so here's a little background on me. I studied at the University of Wales where I achieved a first class degree in Fine Art and 3D Design. Once I had graduated I secured a contract with Swansea City Council as an artist in residence and worked across the city with different groups of vulnerable people. I first found my calling as a teacher in a primary school for children with severe learning difficulties; a child there touched my heart and I realised I needed to help young people realise their ideas. I studied at Cardiff University to gain my teaching qualification then moved to London for my first teaching role.

I worked at several London schools over a span of 20 years and completed my Masters Degree at Goldsmiths, before moving to Hove to be with my husband's family. I first saw King's School on a yr6 tour when looking for a school for my daughter and had my heart set on working here. I feel extremely lucky to have the opportunity to work for the young people of King's, in such a fantastic department. As I say to all my students "DT will save the world, so let's get you ready for it!"

Thank you,

**Jenni Griffith**

## Year 9 Immunisation Session

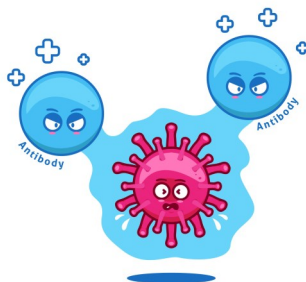
### Year 9: Tetanus / Diphtheria / Polio and Meningitis ACWY vaccination

The Immunisation Team will be coming into school on **Tuesday 25<sup>th</sup> June** to administer the Tetanus / Diphtheria / Polio and Meningitis ACWY vaccinations (previously known as the Teenage Booster vaccination) to students in Year 9. Parents and carers of Year 9 students will have received a reminder email regarding this, together with information from the Immunisation Service with details of how give consent for these vaccinations.

**The online consent form must be completed by 11am on Thursday 20th June**, in order for them to be included in the vaccination session at school on 25th June.

If your child is in Year 9 and you have not received any information regarding this, please email [admin@kingschoolhove.org.uk](mailto:admin@kingschoolhove.org.uk)

**Please note that vaccinations will not be given without parental consent.**



12<sup>th</sup> June 2024

Dear Parents/Guardians,

Congratulations on nearing the end of another school year. We do hope you and your children are looking forward to the summer break.

We have all been enjoying the warmer weather and with that brings later evenings out in public spaces. We would love for your young people to enjoy their time together and celebrate finishing their exams/end of year/leaving school.

We are asking that you have an awareness of where your children are and to encourage them to look after each other. Historically, there have been large gatherings on Hove Lawns with a requirement for a Police presence, with arrests made at these gatherings in order to minimise the risk to those present. |

We are asking parents/guardians to speak with their children about where they are meeting friends and to keep themselves safe. Please consider encouraging your children to meet in places where there are not mass gatherings or if they find themselves in a place where things are deteriorating, to leave for a place of safety.

Wishing you a safe and happy Summer.

Kind Regards,

Brighton Youth Team





## Junior Town Sports—Athletics Success

Our junior sports performed brilliantly at Town Sports this week and demonstrated fantastic team spirit. Well done to them all!

### Stand out performances were:

- \***Sherlock. R** - winning the 100m (marginally off a meeting record).
- \***Jude. S** - 2<sup>nd</sup> in the long jump (1cm off the winner).
- \***Iris. H** - 1<sup>st</sup> in the 1500m (winning by about 100m)!
- \***Neve. T** - 1<sup>st</sup> in the javelin (miles off her PB but a huge win nevertheless).
- \***Junior boys 3<sup>rd</sup> places** - Oliver G (300m), Felix (800m), Elliot (1500m), Ronnie (high jump) & Nat (shot put).
- \***Year 8/9 boys came 3<sup>rd</sup> as a team!!!** This is an amazing result against much bigger schools.

Position	Y7 Female	Y7 Male	Y7 Overall	Y8 Male	Y8 Female	Y8 Overall	Junior Champs overall
1st	Blatch (60)	Varndean (55)	Blatch (101)	C. Newman (84)	Bton Girls (83)	C.Newman (152)	Blatch (232)
2nd	Hove Park (56)	Patcham (54)	D. Stringer (93)	Blatch (77)	C.Newman (68)	Blatch (131)	C. Newman (221)
3rd	Roedean (54)	D. Stringer (46)	Hove Park (92)	Kings (66)	Blatch (54)	Kings (110)	D. Stringer (176)
4th	D. Stringer (47)	Blatch (41)	Varndean (85)	Patham (45)	Patcham (53)	PHS (98)	Patcham (173)
5th	C. Newman (42)	Bton College (38)	Bton College (78)	D. Stringer (42)	Kings (44)	Brighton Girls & Stringer (83)	Kings (161)
6th	Bton College (40)	Hove Park (36)	Patcham (75)	Hove Park (32)	D. Stringer (41)		Varndean (141)
7th	Varndean (30)	Longhill & Kings (31)	C.Newman (69)	Longhill (31)	Roedean (36)	Varndean (56)	Hove Park (137)
8th	Patcham (21)		Roedean (54)	BACA (22)	Varndean (31)	Hove Park & Longhill (45)	Roedean (90)
9th	Kings (20)	PACA (30)	Kings (51)	Varndean (21)	Longhill & BACA (14)		Longhill (89)
10th	Longhill (13)	Newman (27)	Longhill (44)	PACA (8)		Roedean & BACA (36)	Bton Girls (83)
11th	PACA (11)	BACA (9)	PACA (41)		Hove Park 13		Bton College (78)
12th	BACA (8)		BACA (17)		PACA 10	PACA (18)	PACA 959
13th							BACA (53)

## Senior Town Sports—Athletics Success

### Stand out performances were:

- \***Keren** - winning the 100m (keeping her trophy she won last year!)
- \***Emilia** - 3<sup>rd</sup> in shot putt.
- \***Iris** - 3<sup>rd</sup> in the 1500m!
- \***Alex** - 2<sup>nd</sup> in the 1500m!
- \***Gabriel** - 1st in discus!

	Junior (Y9) Males	Junior (Y9) Females	Junior Overall	Int Males	Int Females	Int Overall	Champs Overall
1st	Newman (95)	Newman & Roedean (74)	Newman (169)	Newman (106)	Roedean (97)	Newman (182)	Newman (351)
2nd	Patcham (89)		Patcham (148)	Patcham (69)	Stinger (94)	Stringer (142)	Patcham (237)
3rd	Kings (68)	Bton Girls (63)	Kings (112)	Blatch (67)	Newman (76)	Roedean (97)	Stringer (214)
4th	Blatch (57)	Patcham (59)	Blatch (93)	Stringer (48)	Varndean (56)	Patcham & Blatch (89)	Blatch (182)
5th	Varndean (49)	Bton College (56)	Bton College (90)	BACA (44)	Bton Girls (52)		Varndean (176)
6th	Stringer & Bton College (34)	Kings (44)	Varndean (89)	Bton College & Kings (38)	Bton College (27)	Varndean (87)	Roedean (171)
7th		Varndean (40)	Roedean (74)		Blatch (22)	Bton College (65)	Bton College (155)
8th	Hove Park (27)	Stringer (38)	Stringer (72)	Varndean (31)	Patcham (20)	BACA (53)	Kings (150)
9th	PACA (18)	Blatch (36)	Bton Girls (63)	PACA (22)	Longhill (18)	Bton Girls (52)	Bton Girls (115)
10th	Longhill (9)	PACA (7)	Hove Park (32)	Hove Park (16)	BACA (9)	Kings (38)	BACA (60)
11th	BACA (7)	Hove Park (5)	PACA (25)	Longhill (14)	PACA (8)	Longhill (32)	PACA (55)
12th		Longhill (2)	Longhill (11)		Hove Park & Kings (0)	PACA (30)	Hove Park (48)
13th		BACA (0)	BACA (7)			Hove Park (16)	Longhill (43)

## GCSE Year 11 Art Exhibition

On Tuesday 11th June we held a GCSE Art Exhibition and we were delighted to welcome so many parents, siblings, grandparents, students and friends in to see the effort that has gone into the GCSE art coursework and exam this year. The work was nothing short of stunning. There is such a mix of different styles, materials used, influences and outcomes it really was a joy to witness, as one parent commented. I know how hard the students work, supported brilliantly by their amazing teachers, Ms O'Sullivan and Mr McCardie. I hope many of our students do go on to study art, or at least continue working with such passion and creativity in whatever they do.

Thanks must also go to all the many members of staff, and parents, who helped set up and then take down the exhibition all in a matter of hours. We couldn't have done it without that support.

Monies raised from the sale of refreshments will be going towards a community art project in the near future.

### Comments from our visitors' book:

"What a JOY to come and see your GCSE exhibition today! Incredible to see all the hard work your students have produced and what really struck us was how so many students have been encouraged to follow their own style, so many different techniques and mediums."

"What a wonderful group of talented artists!! So impressive and fantastic to see. Thank you.

"What an exhibition - could be 'A' level - extraordinary standard!"

"King's Year 11 art students take a bow. What exceptional work, such variety and skill on display. Well done for all your hard work!"

"Wonderful to see it all displayed in one place - an extraordinary level of talent and so much diversity of materials. Well done!"

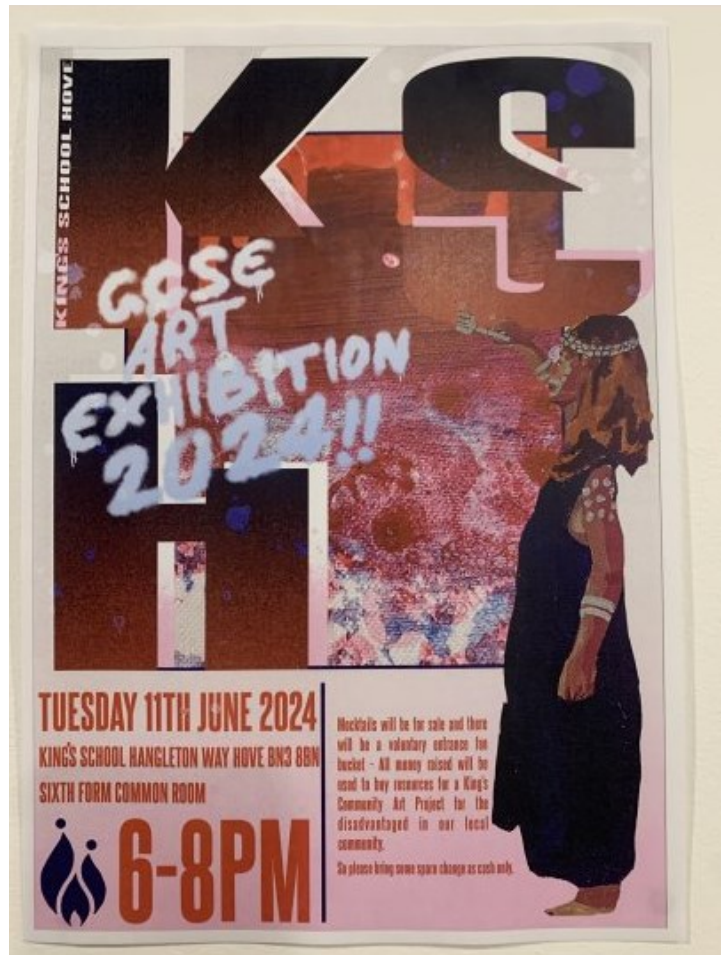
"Marvellous pieces of work done. Lots of styles I would like to try myself."

"What a fantastic collection of work showing so much talent."

"So impressed. Students' work is of such a high standard - even those who are not destined for a career in art. Their ideas were wonderful."

"Wow, what a bunch of Exceptional work - hard work/dedicated work/talented crafting of ideas/skills development. This is an incredible display. Well done! Thank you teachers! Us parents are sooo grateful."

"Thank you so much for putting on this exhibition and inviting us to see it. Such inspiring work! So much hard work and talent. Thank you teaching staff for supporting and encouraging the students."



## Departmental Competitions



# King's School Hove



**Departmental competitions in June are:**

*English* – Young Writers 'Unsolved'  
100-word challenge  
*Music* – KS3 & KS4 Young  
Musician of the Year  
*Science* – Y12 Cambridge Chemistry  
Challenge

**Speak to your subject teacher about how to enter!**

## King's School Fund

Raising money to enrich and expand our students' experiences.

Visit <https://www.justgiving.com/campaign/kings-school-fund> or click on this image to be taken to the page.

Every donation has an impact on a student's education experience.

Thank you for your support



**King's School Fund**



## **U16 PLAYERS NEEDED FOR 2024/25**

Cuckfield Cosmos FC are looking for confident, talented and reliable U16 players for the 2024/25 season.

We play in Division 2 of the Mid Sussex Sunday Youth League with matches on Sundays and training on Saturday mornings.

Perhaps your current team is folding? Are you not getting much match time? Have you recently moved to the area?

If you are looking for a new challenge, please get in touch with Graeme.

Tel: 07821 759804

Email: [cuckfieldcosmosgm@gmail.com](mailto:cuckfieldcosmosgm@gmail.com)

# THIRDSPACE HOLIDAY CLUBS

**\*FREE HOLIDAY AND FAMILIES (HAF) PLACES FILLING UP FAST  
BOOK NOW TO AVOID DISAPOINTMENT**



**29TH JUL – 1ST AUG BRIGHTON YOUTH CENTRE  
27TH JUL – 30TH AUG HANOVER COMMUNITY CENTRE**

**\*FREE FOR FAMILIES ON INCOME BASED FREE SCHOOL MEALS  
BOOK HERE: [HTTPS://EEQU.ORG/EXPERIENCE/3668](https://eequ.org/experience/3668)**



# THIRDSPACE HOLIDAY CLUBS

**29TH JULY – 1ST AUGUST AT BRIGHTON YOUTH CENTRE  
27TH AUGUST – 30TH AUGUST AT HANOVER COMMUNITY CENTRE**

**THREE DAYS OF THEATRICAL ADVENTURE WITH OUR AWARD-WINNING  
THEATRE COMPANY. AGES 7-11 AND 12-16 YEARS. ALL ARE WELCOME &  
NO PREVIOUS EXPERIENCE NEEDED, IT'S ALL ABOUT HAVING FUN!  
HOT LUNCH PROVIDED. FREE HAF PLACES!**



**BOOK HERE: [HTTPS://EEQU.ORG/EXPERIENCE/3668](https://eequ.org/experience/3668)**



WATCH THE T20 CHAMPS  
DEFEND THEIR CROWN

3 MATCHES

**FOR  
FREE**



WATCH REIGNING T20 CHAMPIONS  
CONTINUE THE DEFENSE OF THEIR CROWN

SUNDAY 16TH JUNE STARTING FROM 10:30 AM



SCAN FOR  
TICKETS

## THE THREE MATCHES

This Sunday The 1st Central County Ground opens its doors to three games of Women's T20 cricket. Don't miss out on your chance to see 3 matches for free, this Father's Day. Visit the Sussex website to claim your free tickets.



SUSSEX VS KENT

10:30



SURREY VS KENT

13:30



SUSSEX VS KENT

16:30