



Headteacher's Update: No 327, 8 May 2026

Theme of the Week

Respect (series on 'Character')

Dates for your Diary



Monday 11th May: PTA AGM 7:30pm - 9:00pm (on school site); all welcome to attend

Wednesday 13th May: 9:30 to 10:30am online session for parent/carers with a focus on supporting Autistic young people with anxiety

Thursday 14th May: Supporting young people with self-harm behaviour talk 3:30 - 5:00pm (on school site); all welcome to attend

Friday 22nd May: 9.30am prayer call on Zoom

Monday 25th May to Friday 29th May: Half term - Year 11 intervention running by invitation
Thursday 28 and Friday 29 May

Thursday 11th June: Year 10 Parents' evening 4:30-7:30pm (on site)

Thursday 2nd July: Year 6 Parents' Welcome Evening 5:30-6:30pm (on site)

Friday 3rd July: INSET Day - Year 6 induction day; school closed to all current students

Monday 6th and Tuesday 7th July: Enrichment Days

Letters on the Website

Whole School General

07.05.26 [Summer Term Attendance](#)

Year 11 General

07.05.26 [EXAMS - Important Information](#)

07.05.26 [EXAMS - Revision Sessions June](#)

07.05.26 [EXAMS - Revision Sessions May](#)

Sports Fixtures



Details of all sports fixtures will be emailed home to parents / carers.

Attendance

"Well done to 7B and 7R for their fantastic attendance this week. Both Tutor groups achieved over 98% - keep it up!!!!"

Students of the Week

Year 7: Jack S for excellent blanket stitching and creating a perfect product in D.T with Ms Griffiths, and for his brilliant work in Craft Club with Ms Angus. Well done Jack!

Year 8: Miya B for consistent excellent work in Art.

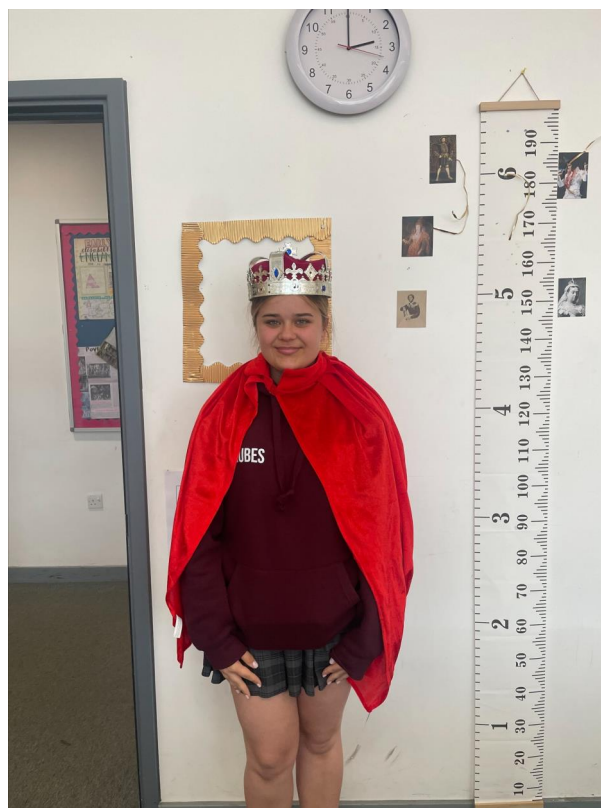
Year 10: Connie B for being a supportive peer and tutee.

Year 11: Milo C for great revision focus!

Historian of the Fortnight!

'Congratulations' to our Historian of the fortnight, Ruby P, who has consistently shown resilience and determination throughout KS4 History. This student regularly attends interventions and is working extremely hard towards their exams. This student is an example of someone who embodies our school values and has brought a calm and kind energy to 11B.

A huge well done for your hard work and keep going!



Mental Health Awareness Week

To recognise Mental Health Awareness week, the Year 7 students participated in range of activities this week. Tutees had the chance to play an outdoor ball game and do a reflective mind-mapping activity. This year's theme is 'Action' so the pastoral team encouraged the Year 7s to think about and share the positive actions they already take to care for the mental health. Tutees also had the chance to write a letters of encouragement and support for themselves or their friends. It was lovely to see the year 7 students having thoughtful and insightful conversations as they participated.

Sussex Athletics trials

We had a highly successful afternoon at the Sussex Athletics trials this week, with some of our top junior & intermediate athletes competing this afternoon. It was a small event, but an event of high quality.

The following students competed: Matthew C (Y10), Iris H (Y10), Neve T (Y10), Ella G (Y9), Alessio G (Y9), Ted H (Y8), Stella PC (Y8) & Rory C (Y8).

We had some stand out performances ...

Iris - 1st (800m) Ted - 5th (big PB in 800m) Alessio - 1st (100m) Ella - 2nd (1500m) Rory - 3rd (300m)

Many congratulations to these students and all participants!



Silver DofE expedition

A huge well done to the Year 10 students who completed their practice silver Duke of Edinburgh expedition over the weekend. Each group showed determination, resilience and teamwork facing challenges with both the weather and equipment! They have set a brilliant standard ahead of their qualifying walk in June.

Kyriakos G

Felix J

Elliott M

Seth P

Tris S

Ted O

Samuel F

Bluebell B

Alia D

Isla E

Chloe C

Bertie N

Sheryl S

Collete S

Freya B

Miriam C

Miri L

Dorothea P

Naomi S

Bonnie F

Roselle F

Jessica M

Willow S

Melissa W





31 Miles in May for Dementia UK

Dear Colleagues, Parents, Carers and Friends,

I am not someone who has ever taken on a "sponsored" sporty activity, so this venture is my first, and hopefully not my last. I am not someone who can run far or climb a large mountain but walking I can do! So, this month I am aiming to walk at least 31 miles during the month of May to raise money for Dementia UK. This is a charity very close to my heart and one that I would dearly love to support.

If you feel you can give me a few pennies I would hugely appreciate it, my donation page is here: <https://fundraise.dementiauk.org/fundraisers/jobrennan>

With many thanks

Jo Brennan

Head of Music

SGN Gas Network Upgrade on Hangleton Way

Dear Parents and Carers,

We have been informed by SGN that essential gas network upgrade work will be taking place on Hangleton Way from Monday 8 June. This work is expected to last for approximately 14 weeks.

To keep everyone safe while the work is carried out, temporary traffic lights will be in place around the SGN work area at all times. This is likely to cause delays, especially at busy times of the school day.

Please allow extra time for your journey to and from school during this period.

The section of road being upgraded runs from the side of 62 Spencer Avenue to the junction with Poplar Avenue, which is close to the school site.

SGN have assured us that they will keep us updated on any changes to their schedule or traffic arrangements as the work progresses.

Thank you for your understanding while this essential work takes place.

Supporting Autistic Young people with Anxiety

Wednesday 13th May 2026 – 9:30 to 10:30am

Dear parent/carers,

As part of the Autism in Schools (AIS) project <https://tinyurl.com/2s46sbk4>, the Brighton and Hove Parent Carers Council (PaCC) <https://paccbrighton.org.uk/> would like to invite you to this online session for parent/carers with a focus on supporting Autistic young people with anxiety. The workshop will be delivered by Jane Cuomo, Educational Psychologist, Brighton & Hove Inclusion Support Service (BHISS) <https://www.brighton-hove.gov.uk/directory-entry/brighton-hove-inclusion-support-service-bhiss>

To book a place on this online workshop, and get the Teams link, please email admin@paccbrighton.org.uk

We look forward to seeing you there.

PaCC and BHISS



BrightMed!

Reminder: BrightMed applications now open!

Deadline: Sunday 19th July

BrightMed is our flagship Widening Participation programme at BSMS. The scheme identifies and supports young people from across Sussex who have the potential to become tomorrow's doctors.

As a BrightMedder, young people will take part in regular Saturday sessions on the University of Sussex campus, including lectures, seminars and hands-on activities. Year 12 students who are part of BrightMed may also be eligible for the Guaranteed Interview Scheme (please see [our webpage](#) for more information).

The programme works with students from Year 9 to Year 12 who live or study in Sussex, and who meet our eligibility criteria. We are currently looking for young people in Years 8 to 11 to apply to join BrightMed next year.

You can read more about BrightMed, including eligibility criteria [on our webpage](#).

Interested students should complete the relevant application form:

- [Students currently in Years 8-10](#)
- [Students currently in Year 11](#)

If you have any questions about BrightMed or the application process, please email outreach@bsms.ac.uk.

Reminder: BSMS Open Day

Saturday 6 June, 9:30am-4:30pm (BST)

Booking is open for the BSMS Open Day this summer. Our event will be held in the Medical Teaching Building and run concurrently with the University of Sussex Open Day on the same campus.

Visitors should select the subject which they are interested in when registering. To be sent information regarding the BSMS Open Day, registrants must select "Medicine." [Register here.](#)

We want to make sure that everyone can visit us at an Open Day, so the University of Sussex are offering to help with travel costs for eligible visitors plus one guest. Find out more about [help to travel to an Open Day here.](#)

June Outreach Lecture: Professor Martin Griffiths

Wednesday 3 June, 6:30-7:30pm (BST), online via Zoom

We are very excited to share that the June Speaker for the Outreach Monthly Lecture Series will be Professor Martin Griffiths CBE DL FRCSEd. Professor Griffiths is a Consultant Trauma and Vascular Surgeon at Barts Health NHS Trust, where he developed the nation's first ward-based intervention programme for victims of interpersonal violence.

Martin is the Clinical Director for the London Violence Reduction Network (NHS London), leading the expansion of a public health approach to violence reduction across the capital. His interests include the integration of peer groups into the co design of community and healthcare-based prevention and education programmes.

Martin is an Ambassador to the Mary Seacole Trust, Chair of Shift UK, a Trustee of Charlton Athletic Community Trust, Vice President of the Hope Collective, and a Deputy Lieutenant of Greater London. Clinically, he remains an active trauma surgeon and educator, teaching on multiple Royal College of Surgeons courses and serving as Director of Medical Education at Barts Health and an examiner for the FRCS.

[Register here.](#)



Posters and Information



**Level 1 & Level 2
CYCLE TRAINING**



**at Preston Park
and Hove Park**



Level 1 is where you will learn to control your bike.

Level 2 is where you start with real traffic, but sticking to quiet roads.

Level 1 – Riders must be able to ride independently with confidence and without stabilisers.

Progression to **Level 2** training is dependent on meeting all level 1 modules to National Standards Level.

To book your place visit:
<https://cycling.envelope.host/courses/>
or contact Emily Tester on 01273 293847
or email east.central@brighton-hove.gov.uk

Tuesday 26 – Friday 29 May
Course 1 - 10am – 12.30pm each day
Course 2 – 13.15 – 15.45 each day

Ages 9 –15
Levels 1 & 2 together is £50 per person.

Places are limited and on a first-come first-served basis



Holiday cycle training courses

Cycle training is held at Hove and Preston Park during the May half term.

Level 1 & 2 – Ages 9 to 15 Cost £50 per person, concessions available



Tuesday 26 to Friday 29 May

Course 1 – 10.00 – 12.30 each day

Course 2 – 13.15 – 15.45 each day

Children must have completed all level 1 activities before progressing to Level 2

Places are limited and on a first-come first served basis.

To book your place please visit: <https://cycling.envelope.host/courses/>

or email east.central@brighton-hove.gov.uk

HOVE BIKE BUS

TURN SAD MONDAYS INTO SOMETHING FUN!

RIDE TO SCHOOL. TOGETHER.
GOOD VIBES. BIG SMILES. GREAT STARTS.

FRESH AIR FRIENDS FUN!

STRONGER TOGETHER ON TWO WHEELS!

EVERY MONDAY AT 7:50AM

MEET AT NEW CHURCH ROAD (PORTSLADE SIDE)

JOIN THE RIDE, HOP ON, HOP OFF AT YOUR SCHOOL!

OUR ROUTE - JOIN IN, HOP OFF!

START NEW CHURCH ROAD (PORTSLADE SIDE) | WEST HOVE PRIMARY SCHOOL | ST ANDREW'S SCHOOL | HOVE JUNIOR SCHOOL | BLATCHINGTON MILL SCHOOL | FINISH KING'S SCHOOL

People are welcome to join the Bike Bus from their stop and hop off at their school.
We are looking for parent volunteers to stay with primary children when they are dropped off.

WHY RIDE THE BIKE BUS?

- ✓ Beat the Monday blues
- ✓ Get active & feel great
- ✓ Save time & reduce traffic
- ✓ Make new friends
- ✓ Start the week the right way!

ALL AGES WELCOME!
LET'S MAKE MONDAY'S THE BEST DAY TO RIDE!

VOLUNTEERS NEEDED!

Help make the Bike Bus safe and fun for everyone!

CONTACT FOR MORE INFORMATION
SABRINA - 07904946969

RIDE TOGETHER. SMILE TOGETHER. START THE WEEK BETTER.